



Outram Secondary School

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Website: <http://www.outramsec.moe.edu.sg>

Vision: Learners for Life. Leaders of Integrity. Contributors with Compassion
Values: Sense of Belonging. Perseverance. Integrity. Responsibility. Innovative. Teamwork.

28 January 2024

Dear Parents/ Guardians

MOE SEXUALITY EDUCATION IN SCHOOLS

Sexuality Education (SEd) in schools aims to enable students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships with others, including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

2. The **Goals** of Sexuality Education are:

- (a) Support students in managing their physiological, social and emotional changes as they grow up and develop safe and healthy relationships.
- (b) Guide students to make wise, informed and responsible decisions on sexuality matters.
- (c) Help students develop a moral compass and respect for themselves and others by having positive mainstream values and attitudes about sexuality that are premised on the family as the basic unit of society.

3. The **Key Messages** of Sexuality Education are:

- (a) Love and respect yourself as you love and respect others;

- (b) Build positive relationships based on love and respect (which are the foundation for strong families);
 - (c) Make responsible decisions for yourself, your family and society; and
 - (d) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.
4. Please visit the school's Sexuality Education webpage (<https://www.outramsec.moe.edu.sg/school-programmes/Sexuality-Education/>) for more information on **Outram Secondary School's Sexuality Education Programme for 2024.**

Thank you.

Yours sincerely,

A handwritten signature in blue ink, appearing to be 'K Tan', written over a light blue horizontal line.

Mr Keith Tan
Principal

[Parents' Acknowledgement – *This is to be signed/acknowledged by parents of all students.]*

MOE SEXUALITY EDUCATION IN SCHOOLS PARENTS' ACKNOWLEDGEMENT

Dear Mr. Keith Tan, Outram Secondary School

I acknowledge receipt of letter from the school dated on 28/01/2024 regarding the school's Sexuality Education lessons that will be taught in 2024. I have read and understood the information provided on the content coverage and delivery of the programme.

Parent's Name & Signature

Date

Parent of: _____ ()
(Child's Name)

Class