



OUTRAM SECONDARY SCHOOL

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POSTIVE PARENTING PROGRAMME (TRIPLE P)

Dear Parents

The Positive Parenting Programme (Triple P) is a scientifically researched family support strategy. Triple P works by giving parents the positive parenting skills to raise confident, competent teens, and to build stronger family relationships. It also helps parents manage misbehaviour and prevent problems occurring in the first place.

The Positive Parenting Programmes (Triple P) gives parents simple and practical strategies you can adapt to suit your own values, beliefs and needs. Triple P can help encourage behaviour you like, deal with problem behaviour, become confident as a parent, be realistic about parenting, and take care of yourself.

There are three webinars in the Triple P Series, dealing with the most common parenting issues we all face. The webinars last around 90 minutes, with time at the end for questions.

Seminar Title	Date	Time
Raising Responsible Teenagers	26 February 2021 (Fri)	6pm
Raising Competent Teenagers	5 March 2021 (Fri)	6pm
Getting Teenagers Connected	12 March 2021 (Fri)	6pm

In view of the COVID-19 situation, to keep you and your children safe, the webinars will be conducted via an online platform.

Register your interest to attend the webinars via the following link:



<https://go.gov.sg/oss3p2021>

Registration is required for security, and only registered participants will be admitted into the webinar. The link will be shared with registered parents nearer to the webinar date.

For further queries, please contact Montfort Care, our Parenting Support Provider, at parenting@montfortcare.org.sg, or 6270 8327.